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It's Nanay Notes and a second second



So, it's Nanay vs. Vilma. The battle royal looming in Pampanga's capital for the 2025 elections has come to the war of the lords, so to speak. Vice Governor Lilia "Nanay" Pineda

Vice Governor Lilia "Nanay" Pineda ended April as a newly registered voter of Barangay Dolores in the City of San Fernando on Tuesday morning at the Comelec registration center in SM Downtown. She was accompanied by her son, her tandem, Governor Dennis "Delta" Pineda.

The queens — the matriarchs of their own family — Nanay and incumbent Mayor Vilma Caluag, might battle it out for the local chief executive of San Fernando in the upcoming 2025 elections. The lords — the patriarchs of their own family — Bong and Vilma's husband, Melchor, are no strangers. Melchor used

The lords — the patriarchs of their own family — Bong and Vilma's husband, Melchor, are no strangers. Melchor used to work for Bong in the jueteng world. They are also businessmen — a game of gamble, where the risks are just as high as the stakes. Nanay's daughter, Mylyn, transferred her voter registration on April 16 together with her father, Bong, a political kingpin in the landlocked province. A day prior to that, Mylyn resigned from her position as the 2nd District provincial board member. That position is still unoccupied. The Pinedas seem to have a steady grasp of their hometown in Lubao, leaving it with their other daughter, incumbent Mayor Esmie.



So, what political ploy do they have in mind after all this time? Why transfer their game to San Fernando? The Pineda family neither confirmed nor denied their political plans.

San Fernando is a thriving first-class component city with 35 barangays and five shopping malls: three SM malls, Robinsons Starmills, and Vista Mall.

Several agricultural processing and manufacturing companies, as well as government centers. The beacon of handmade Kapampangan lanterns. Political observers are convinced that

Political observers are convinced that while Nanay may now consider the mayoral post, her daughter Mylyn might be running for the congressional seat.

However, she may also be eyeing for the vice governor position in preparation for the gubernatorial post by the time his brother, Delta, reaches his full term and exits in 2028. Broadcast media practitioner and CLTV36 executive Sonia Soto also announced her intention to run for the congressional seat in the 3rd District during a media forum for World Press Freedom Day, by the way. So, when Vilma decides to run for a second term, and when the Gonzalezes or some other name enters the 2025 political picture, then we would know how the lords will battle it out. The filing of candidacy will begin in October. Now, there goes the picture. Coming soon.

A Weekly Digital Newspaper of iOrbit News Online

NLEX Humans of the North returns

Feel inspired once again by endearing stories of the north! The highly anticipated second season of the award-winning digital campaign and documentary series, NLEX Humans of the North, is set to premiere this month, bringing even more heartwarming and powerful stories from the vibrant communities of Northern and Central Luzon for every conscious traveler. NLEX Corporation goes beyond

NLEX Corporation goes beyond breathtaking landscapes and historical landmarks through this captivating digital series. Humans of the North elevates traveling to a new level of discovering moving stories of humanity in various angles.

What's in Season 2?

Season 2 dives deep into the soul of the provinces featured, showcasing extraordinary individuals who have been shaping its richness of culture and history.

This season promises an even more intimate look at the human spirit featuring everyday individuals making a profound impact on their communities through their dedication and passion.

"In Season 1, we were overwhelmed by the positive response to the stories of resilience, strength, and hope that emerged from the north. The second season builds on that foundation, offering a deeper connection to the remarkable people who make this region so radiant and colorful," said NLEX Corporation President and General Manager, J. Luigi L. Bautista.

Pampanga's bests for Episode 1

The pilot episode will feature Shane Lumanog, hailing from the city of Angeles, Pampanga. She is an independent singersongwriter prominent for crafting music in the Kapampangan language. Her musical journey began at the age of 4 when she first picked up the ukulele, igniting her passion for music. As she turned 10, she had also mastered the guitar, which inspired her even more to create songs that celebrate her native tongue, Kapampangan.

The Lumanog surname holds significance in the country's music scene, attributed to their lineage as renowned guitar makers. Together with her sister, Shena, they collaborated and have built a dynamic duo on

STORY ON PAGE 7







2nd front page





Lapid breaks ground for 94-bed Ospital ning Capas

BY MARK SISON

Senator Manuel Lito Lapid Sled the groundbreaking ceremony for a 94-bed medical facility in Capas, Tarlac adjacent to the town hall on Tuesday, April 30, 2024, as part of the government's bid to bring health services in every locality through its hospital expansion

and equipping program. TIEZA Chief Operating Officer and General Manager Mark Lapid, Capas Mayor Roseller Rodriguez, Vice Mayor Alexander Espinosa, Sangguniang Bayan Members and contractor Tony De Jesus of Arrowhead Construction are also present during the ceremony. Municipality The Capas is classified as of a first class municipality comprising of 20 barangays. Lapid said the total PHP 54-million medical

facility will be constructed on a 800-square-meter existing Ospital Ning Capas chargeable to the funding grant from the Senate. He said the initial PHP 30-million has already been downloaded by the office of Senator Lapid through the Department of Public Works and Highways (DWPH). "The people of Capas express their deep gratitude to Senator

"The people of Capas express their deep gratitude to Senator Lapid for selecting our town to benefit from his improved healthcare program, which directly benefits our constituents. Hopefully we can have this done by the end of 2024," Mayor Rodriguez told iOrbitNews Online.

Lapid added this is another priority project through legislative funding. "What we really need is services for healthcare...Nobody



an LGU-run Lingap care center. With an annual budget of 90 million, it allocates only 10 percent of its capacity to private patients, reserving 90 percent for indigent ones. The hospital is staffed by 180 medical frontliners. Upon completion, new services including a blood bank and a dialysis center will be introduced to cater to the 20 barangays of Capas. The hospital will operate at limited capacity once the construction is in full swing.

Lapid is among the seven senators up for re-election in the 2025 mid-term polls. He landed No.1 in the senatorial 2019 elections in Tarlac.

Meanwhile, Barangay O'Donnel also received a multi-purpose truck from Lapid. The groundbreaking ceremony was also attended by congressional, provincial and barangay officials.





wants to get sick," Lapid said in an interview. He stressed that poor residents of Capas are the priority for the health care services to be provided in the new hospital that will be managed by government. the local He explained the healthcare program in Capas and Tarlac province is in line with the Local Government Code's provision that mandates local government units to provide various services for the general welfare of their constituents. The current Ospital Ning Capas has a capacity of 60 beds and operates at a tertiary level, featuring

OrbitNews May 6, 2024 - May 11, 2024

Opinion p.3

editorial

WORLD PRESS FREEDOM DAY A press for the planet

emocracy thrives with a free press. On May 3, we remember the role of the media to speak truth to power and ensure accountability for a healthy democratic society and economic growth.

We remember the roads that were traveled, the lives that have been lost, and the steps that are being made to achieve press freedom in our country.

The United Nations Educational, Scientific, and Cultural Organization (UNESCO) said that sustainable development is in jeopardy with three planetary crisis: climate change, biodiversity loss, and air pollution along with other major challenges for humanity such as the need to strengthen democracy and tackle disinformation and misinformation on digital platforms.

UNESCO aims to highlight the role of the press in dissemination of information to ensure a sustainable future. How investigative journalists help in shedding light on environmental crimes, corruption, and self-serving interests.

The National Union of Journalists of the Philippines (NUJP) also mentioned that alternative and community journalists who cover environmental issues such as mining, logging, and land reclamation are already at risk. These journalists are labeled as "anti-development" or simply being red-tagged.

But with the extreme weather events and intense heat indices, every story is a potentially environmental story.

A panel discussion was also held at the Hilton Clark Sun Valley Resort to talk about the current media landscape in Pampanga. Members of the local media attended the intimate discussion organized by regional Kapampangan television station, CLTV36.

It is important that the challenges of the local media are also expressed and conveyed. It is one of the ways to tackle the issues surrounding the members of the media to achieve and defend press freedom no matter how small the steps are being made.

The Central Luzon Media Association Pampanga chapter also reaffirmed their commitment to defending journalists' rights and upholding the principles of freedom of expression. CLMA Pampanga also reiterated the truth as the foundation of press freedom.

For CLMA Pampanga, the essential role of a free press lies in fostering transparency, accountability, and democracy worldwide. Ing Katutwan ing Santungan ning Timawang Pamamasiaq.

Safeguarding vehicles from extreme heat

As the mercury climbs to unprecedented heights in the vicinity of Angeles City and Clark Freeport Zone, we find ourselves grappling with a

formidable adversary: the scorching heat. As a seasoned resident of this area, I have witnessed firsthand the consequences of these soaring temperatures, most notably in the alarming increase in various types of fires, from bushfires to vehicular fires. In the summer of 2021, my own vehicle

fell victim to the relentless heat, bursting into flames while parked innocently in an open space. It was a harrowing experience, one that highlighted the urgent need for awareness and preventive measures against such spontaneous combustion incidents.

Unfortunately, my ordeal was not an isolated one. Recent reports of bush fires and vehicles igniting in open parking areas serve as grim reminders of the everpresent danger posed by extreme heat. As we live through these challenging times, it is imperative that we take proactive steps to safeguard our vehicles and mitigate the risk of spontaneous burning.

First and foremost, it is essential to understand the science behind these incidents. High temperatures, especially when combined with factors such as direct sunlight and combustible materials within the vehicle, can create the perfect conditions for spontaneous combustion. Chemical reactions within the vehicle's components, such as the battery or engine fluids, can lead to ignition without any external source of heat.

To protect our vehicles from such catastrophic events, I offer the following tips, reminders, and warnings: Parking Considerations: Whenever possible, park your vehicle in shaded or

covered areas to minimize exposure to direct sunlight. If shade is unavailable,



consider using car shades covers to reduce interior temperatures.

Regular Maintenance: Archimedes C. Reyes Maintain your vehicle regularly, paying

particular attention to components that are susceptible to heat-related damage, such as the battery, engine, and electrical wiring. Ensure that fluids are at appropriate levels and replace any worn-out parts promptly.

Ventilation: Before parking your vehicle, roll down the windows slightly to allow for airflow and prevent the buildup of heat inside the cabin. Consider installing vent visors to promote ventilation while parked.

Fire Extinguisher: Always keep a fully charged fire extinguisher in your vehicle and familiarize yourself with its operation. In the event of a fire, swift action can make all the difference in preventing further damage.

Emergency Response: Develop a plan for responding to vehicle fires, including evacuation procedures and emergency contacts. Stay vigilant and report any signs of smoke or unusual odors immediately.

Awareness Campaigns: Advocate for greater awareness of the dangers of spontaneous combustion in extreme heat. Educate fellow motorists about preventive measures and encourage proactive maintenance habits.

In addition to these precautions, it is crucial to consider what items should not be left inside the vehicle, especially during periods of intense heat. Certain materials can exacerbate the risk of spontaneous combustion or contribute to the severity of a fire. Avoid leaving the following items inside your vehicle:

Flammable Liquids: Gasoline, lighter fluid, and other flammable liquids should never be left inside a hot vehicle, as they can vaporize and increase the risk of ignition.

Press Freedom Forum



ulti-awarded regional **IVI**Kapampangan ΤV network CLTV36 convened a media forum at the Hilton Clark Sun Valley Resort to commemorate the 31st Anniversary of World Press Freedom Day, May 3, 2024.

The forum was spearheaded by CLTV36 president Sonia Soto, VP deputy general manager Virgilio San Juan, marketing head Jhoedie Bhyjay Mercado; panelists Benny Guinto, president-KBP Pampanga, Mark Allen Sison, executive vice-president-CLMA Pampanga, and Noel Tulabut, president-Pampanga Press Club; guests CLMA Pampanga chairman emeritus Caesar Bong Lacson, auditor Jaypee Manalang, iOrbitnews president Deng Pangilinan, editor Larrica Cunanan-Dinio, veteran newsman Max Sangil and other media representatives. Guest speaker Asec. Dale De Vera, TV-Presidential Communications Office, Office of the President, addressed participants, providing insights into President Ferdinand Marcos Jr.'s directives aimed at ensuring press freedom in the nation. The forum, titled "Conversations @ Hilton," served as a platform for media professionals to engage with government representatives and contribute to the discourse on press freedom. On World Press Freedom Day 2024, President Ferdinand Marcos Jr. reaffirmed his dedication to collaborating closely with the media to bolster press freedom. He assured media practitioners of the government's unwavering commitment

to safeguarding their rights and ensuring transparency and good governance.

The Philippines has improved its global standings in terms of safety of journalists as the country ranked 132nd among 180 countries in the 2023 World Press Freedom Index. Last year's ranking is an improvement from the 147th ranking in 2022, ending a five-year slump in the annual list. But it continued to be among the world's "most dangerous" countries for journalists, Reporters Without Borders (RSF) said.

Key discussions revolved around strategies for the protection and promotion of press freedom. Attendees exchanged valuable perspectives and insights, enriching the dialogue on the challenges and opportunities facing the

est. 2016

Deng Pangilinan | Publisher & Founder AP San Pedro | Executive Editor Larrica Angela Cunanan | Feature Editor Jaypee Manalang | Graphic Artist Mark Sison & Archie Reyes | Contributors Dian Pangilinan | Layout Artist

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The CLMA Pampanga strongly urges the government to prioritize the implementation of decentralization measures in its efforts to ensure transparency and accountability at all levels of governance. This includes decentralizing information gathering from various government departments.

To enhance communication and access to timely, accurate data, implementing decentralization measures is crucial for media practitioners, the public, and netizens. This facilitates informed reporting and public discourse, in order not to influence public perceptions that would undermine the transparency and accountability reforms of the current administration.

The Constitution under Article 11 of the Bill of Rights Section 4 provides that "No law shall be passed abridging the freedom of speech, of expression, or of the press, or the right of the people peaceably to assemble and petition the government for redress of grievances".



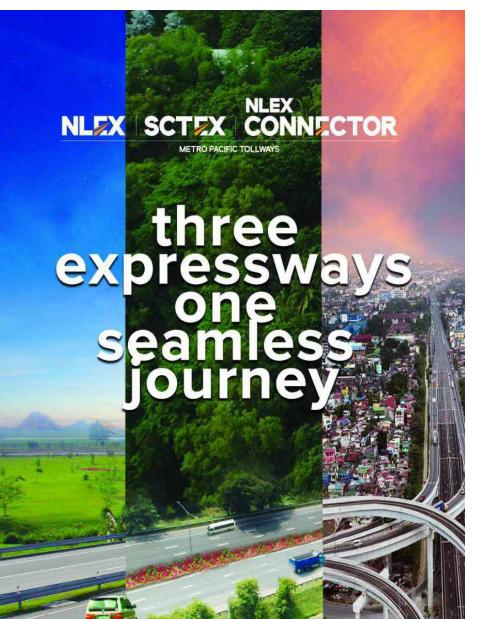


OrbitNewsLocal News p.46, 2024 - May TI, 2024Jocal News p.437-km illuminated bike lane completes in CSF



ITY OF SAN FERNANDO - Transportation Secretary Jaime Bautista and Mayor Vilma Balle-Caluag led ribbon-cutting rites on April 29 marking the completion of the consolidated 37.5-kilometer

illuminated bike lanes around the city. A project of the DOTr and the Department of Public Works and Highways, the building of Active Transport Infrastructure in San Fernando started in June 2023 on segments of the Manila North Road/MacArthur



Highway, Lazatin Blvd., Capitol Blvd., and Jose Abad Santos Ave. The network of bike lanes is expected to promote the use of bicycles

as a regular means of transportation in the city.

Also present during the inauguration in front of Heroes Hall were other officials of DOTr, DPWH, the Land Transportation Franchising and Regulatory Board, the Land Transportation Office, and the city. CSFP-CIŎ.

Pogi urges Angeleños to plant trees in their homes

ANGELES CITY — Mayor Carmelo "Pogi" Lazatin Jr. has encouraged Angeleños to establish their own garden in their household to aid the city government's mitigation plan to address the extreme heat index being experienced pow being experienced now.

According to Mayor Lazatin, residents of Angeles City can avail free seedlings of lemon, atis, guyabano, santol, langka, kamansi, papaya, and kalamansi to start up

their own urban garden. "Hinihikayat ko po ang ating mga kababayan na magtanim. Libre po na pinapamigay ang mga seedlings natin sa City Agriculture Office at puwede po silang kumuha roon," Lazatin said.

55,000 ornamental, herbal, fruit-bearing, vegetable, and forestry plants or trees are available at the City Agriculture Office, Lazatin furthered.

Angeleños can come visit the City Agriculture Office at City Hall, from Monday to Thursday, 8:00 a.m. to 5:00 p.m. to avail the free seedlings.

Lazatin added that the city government also provides freé fertilizers to residents.

To recall, the city government, Department of Education, other non-government and

added. "Lalo na ngayon po sa

napakainit na panahon." Mayor Lazatin also issued a marching order to plant seedlings in open spaces owned by the city government and public schools in the city.

Among the seedlings to be planted are narra, molave, dau, poay, bamboo, Palawan cherry blossom, balibago, bitaug, tinik, dita, white lawan, kamagong, kiling, malaruat, toog, malalangka, malabulak, dungon, and ipil; and assorted fruit-bearing trees consisting of mulberry, guava, anunas, guyabano, jackfruit, atis, lipote, mandgoes, duhat, kamansi, santol, kasoy, avocado, macopa, chesa, American lemon, and rambutan.

This initiative, Lazatin furthered, will increase our green cover and promote a cooler environment, serving to safeguard the wellbeing of the public as well as a proactive approach to climate resilience.



organizations are set to plant 50,000 seedlings beginning in May in view of the extensive reforestation efforts at the Angeles City Watershed. "We will exhaust all our efforts

As city-wide the tree planting gets underway, Lazatin underscores this commitment, which is in need of a collective community effort to combat these environmental challenges.







<u>News p.5</u> BCDA teams up with Maharlika for property invesment

The Bases Conversion and Development Authority (BCDA) and the Maharlika Investment Corporation (MIC) have forged a strategic

partnership to explore investment opportunities within BCDA properties, including Clark Freeport and Special Economic Zone. On 29 April 2024, BCDA President and Chief Executive Officer (PCEO) Joshua M. Bingcang and MIC PCEO Rafael D. Consing Jr. signed a memorandum of understanding (MOU) to move forward with their plans of including some of BCDA's projects and programs in the partfelia of Maharlika, the Dhilippinga' first agrarated work fund portfolio of Maharlika, the Philippines' first sovereign wealth fund.

'[This] is more than just a formality. It's a declaration of our shared "[This] is more than just a formality. It's a declaration of our shared commitment to build a nation where progress is not just measured in pesos and percentages, but in lives transformed. The Maharlika Investment Corporation, born from the vision of our nation's leadership, carries a twin mandate: to secure a high rate of return on investments while simultaneously serving as a catalyst for the Philippines' socio-economic advancement. Our collaboration with the esteemed BCDA embodies this dual commitment," said PCEO Consing. Under the MOU, BCDA and MIC will "further discuss, share knowledge, and explore potential collaboration opportunities that will lead to a development of a feasibility study report." The report will include potential developments within BCDA properties, such as Clark Freeport Zone and Clark Civil Aviation Complex in Pampanga, New Clark City in

Zone and Clark Civil Aviation Complex in Pampanga, New Clark City in Tarlac, and Poro Point Freeport Zone in La Union, among others. "We are optimistic that the Maharlika Investment Corporation will

"We are optimistic that the Maharlika Investment Corporation will see our shovel-ready projects and programs as commercially and financially viable investments that will generate optimal returns for the government and for the Filipino people," said PCEO Bingcang. Among the BCDA projects that will be explored by MIC are the expansion of Clark International Airport, which includes the construction of a second runway, taxiways, aprons, and landside access roads and utilities; affordable housing project in New Clark City; Clark Integrated Public Transport System; and Poro Point Seaport Modernization program; Clark Central Business District; and Solid Waste Management and Waste-to-Energy Project in New Clark City. and Waste-to-Energy Project in New Clark City.

Clark's remote US Embassy services earn praise

First United States (U.S.) Embassy remote services in this Freeport provided vital assistance to some 187 American citizens

residing in the Philippines. The U.S. Embassy's American Citizens Services (ACS) provided notarial services, accepted Consular Report of Birth Abroad (CRBA) applications, and received U.S. passport applications on April 26 at the Health and Sanitation Division (HSD) Training Hall in Building 2093.

U.S. Embassy Consul Michael William Leach expressed gratitude to Clark Development Corporation (CDC), under the leadership of Atty. Agnes VST Devanadera, for providing the facility and other logistical services.

We are thankful to the CDC for providing us with the facility, and we couldn't express our gratitude enough to the CDC for this," Leach said.

Applicants from Angeles City and surrounding areas praise the U.S. Embassy remote services in Clark for their convenience, proximity, and family-friendly approach.

"The U.S. Embassy remote services in Clark are extremely convenient. We no longer have to drive three hours to Manila and then go through the waiting process. It's less stressful," said Thea Morrison, a resident of the City of San Fernando.

"It's (referring to the U.S. Embassy remote services) great because I don't have to travel all the way to Manila to get my passport, so I kind of like it," said James Reiindle.

"It's (referring to the U.S. Embassy remote services) a great convenience for a lot of us because instead of Manila, they come here for us and take care of the issues that we need to address," Reiindle added.

'It's also a real convenience for us for the U.S. Embassy to come here because we need to report the birth of my daughter, who was born last January, and we don't need to travel with our daughter in Manila," said Brian Peters from Angeles City.

Representatives from the Bureau of Immigration (BI) and e Philippine Refirement Agency (PRA) were also present at the event.



Maharlika Investment Corporation (MIC) President and CEO Rafael D. Consing Jr. (second to the left) and Bases Conversion and Development Authority President and CEO Joshua M. Bingcang (second to the right) signed a memorandum of understanding to move forward with their plans of including some of BCDA's projects and programs in the portfolio of Maharlika, the Philippines' first sovereign wealth fund. Witnessing the signing are Finance Secretary and MIC Chairman Ralph Recto (leftmost) and BCDA Chairman Delfin N. Lorenzana (rightmost).

President Ferdinand R. Marcos, Jr. in July 2023 signed into law Republic Act No. 11954, otherwise known as the Maharlika Investment Fund Act of 2023, aimed at investing in viable infrastructure projects that will help catalyze economic development and accelerate the country's growth through optimal use of government financial assets.







OiOrbitNews May 6, 2024 - May 11, 2024

Feature p.6



BY JAG LYRA D. COSTAMERO

People often say that instead of building walls, we should be building bridges. A bridge brings people together, and a testament of hope and progress. For the Department of Public

For the Department of Public Works and Highways (DPWH), 'building bridges' means paving concrete paths towards the dreams of every Filipino. It is intensifying the construction

It is intensifying the construction of various infrastructure projects that will provide more opportunities to those who need them the most.

Increasing the income of farmers

Filipino farmers spend tedious days in the field to provide food for the community. Some of them don't even get an income that is enough for their daily hardship. President Ferdinand R. Marcos

President Ferdinand R. Marcos Jr. earlier this year emphasized that his administration would prioritize farm-to-market roads (FMRs) that will greatly benefit the agricultural sector.

Given this, DPWH is building quality roads to make way for the seamless and swift transportation of their farm goods.

DPWH Assistant Regional Director Melquiades Sto. Domingo highlighted that P2.06 billion was allotted this year for the construction of about 128 FMRs in Central Luzon.

"We ensure that these projects are well developed for us to continuously assist our farmers in bringing their products to the markets easily and on time," he said.

These projects will ensure that more farmers will be given better access to urban centers.

DPWH recently completed a two-lane FMR at Sitio Tapao, Barangay Butas na Bato in Dingalan, Aurora which also helped boost tourism in the area. and disruption of economic and social activities. Last year, parts of Central Luzon were inundated due to torrential rains caused by the southwest monsoon that was enhanced by tropical cyclones Egav, Falcon, Goring, and Hanna.

enhanced by tropical cyclones Egay, Falcon, Goring, and Hanna. Marcos, who led the damage assessment during that period, underscored that it is vital to come up with immediate, short, and long-term solutions to address flooding.

To avoid the same situation from happening again, DPWH is implementing flood mitigation projects all over the region.

projects all over the region. For 2024, P35.5 billion was allotted for the construction of 430 projects.

Sto. Domingo underscored that among these projects is the raising of the Tulaoc bridge in San Simon, Pampanga portion of the North Luzon Expressway (NLEX) by 0.7 meters. It can be recalled that for the first time, that part of NLEX was flooded days after the river overflowed due to torrential rains.

Other flood mitigation structures being constructed by DPWH include the Masantol-Macabebe Ring Dike with Pumping Station in Pampanga, Tarlac Urban Drainage Projects, Bulacan Rivers Improvement Project, and the Aguang River Improvement Project in Aurora.

It has also deployed dredging equipment around the region to maintain the width and depth of rivers in preparation for the rainy season.

"We will continue to push forward for our projects... We ask for everybody's patience and support to fasten the implementation of our projects," Sto. Domingo pressed. FMR and flood mitigation projects improve the quality of life.

FMR and flood mitigation projects improve the quality of life. Most importantly, these promote social equity by ensuring that everyone in a community has access to the same opportunities and outcomes. As said, it is crucial that the national government, especially DPWH as the engineering and construction arm, ensure that these infrastructures will be completed on time.





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It likewise upgraded the Sto. Niño FMR in Magalang, Pampanga. The infrastructure improved the reachability of farms by providing farmers easy access to their agricultural lands.

Protecting communities against floods

Floods cause damages to infrastructure and agriculture,

completed on time. These will cement the way to the fulfillment of every individual's potential to tread the path towards their dreams.

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Press Freedom... FROM PAGE 3

Moving forward, we urge the government to take tangible steps to uphold press freedom, ensure the safety of media practitioners, and create an environment conducive to open discourse and accountability. This includes implementing effective measures to investigate and prosecute cases of violence against journalists, validate intel reports from intelligence agents who pretend to be intelligent, promoting media literacy through initiatives such as the CLMA Campus Journalism Workshop Caravan, and fostering partnerships between media organizations and government

agencies to address common challenges.

In conclusion, by working together, we can strengthen press freedom and uphold the principles of transparency and good governance in our society it should be in our DNA.

King panimunan na ning CLMA Pampanga, ing Katutwan ing Santungan Ning Timawang Pamamasiag. Katotohanan ang Sandigan ng Malayang Pamamahayag. Truth is the Foundation of Press Freedom.

Maraming salamat at mabuhay ang malayang pamamahayag!

Safeguarding... FROM PAGE 3

Pressurized Cans: Aerosol cans, such as hairspray or deodorant, can explode when exposed to high temperatures, posing a significant fire hazard.

Electronics: While most electronics are not inherently flammable, lithium-ion batteries found in devices like laptops, smartphones, and power banks can overheat and catch fire if exposed to extreme temperatures. Combustible Materials: Avoid

Combustible Materials: Avoid leaving paper, cardboard, or other combustible materials inside the vehicle, as they can ignite quickly under high heat conditions.

By taking these precautions and avoiding the storage of potentially hazardous materials inside our vehicles, we can reduce the likelihood of spontaneous combustion and ensure the safety of ourselves and others on the road.

In conclusion, the recent surge in temperature-related incidents serves as a wake-up call for us all. By taking proactive steps to protect our vehicles and promote awareness within our community, we can minimize the risk of spontaneous combustion and ensure the safety of both our property and our fellow residents. Let us stand united in our commitment to safeguarding against the heat's fiery wrath.

Stay safe, stay vigilant, and keep our properties, especially our vehicles be free from the scourge of spontaneous combustion.

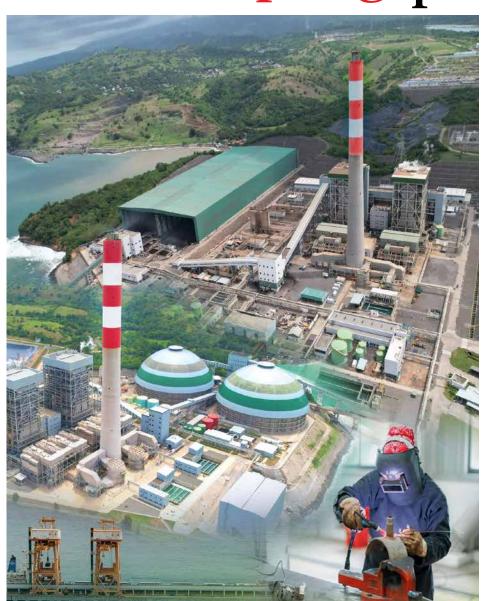
NLEX... FROM PAGE 1

stage to represent her home province. Shane has produced numerous Kapampangan pop hits and remains dedicated to expanding her music's reach into the mainstream.

Humans of the North are pride of the North

Humans of the North is not just a documentary series; it is a movement that celebrates the human spirit. This season promises to spark every traveler's wanderlust, inspire them to chase their dreams, and discover a newfound appreciation for the power of storytelling and admiration to Northern and Central Luzon as a whole.





Jump Pagep.7

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iOrbitNews

May 6 2024 - May 11, 2024

NYMA Adds Award-Wining Actress and Content Creator

MANILA, PHILIPPINES — NYMA is thrilled to announce the addition of two remarkable new talents to its portfolio: 2023 Cinemalaya Best Actress Pat Tingjuy and beauty content creator Adelina Eugenio.

The intimate launch event for Pat and Adelina was held on April 16, 2024, at Flossom Kitchen + Cafe in San Juan and was attended by notable figures from the media, trade, and film industry sectors. This event highlighted the unique capabilities and bright futures of both individuals.

Pat Tingjuy, a licensed architect, volleyball coach, and actress, has taken the film industry by storm, clinching the prestigious 2023 Best Actress Award at Cinemalaya for her role in "Rookie," a poignant film that explores gender inequality and the objectification of women in male-dominated spaces. Pat's passion and dedication have seamlessly transitioned her from sports to cinema, where she now follows her dream of acting full-time.

Adelina Eugenio, who commands an impressive following of 3.2 million on TikTok, is

celebrated for her engaging and educational beauty content. Known by her followers as (a) adellacos, she specializes in "Get Ready With Me" (GRWM) videos, making complex beauty techniques accessible to all. Her influence is further amplified through strategic collaborations with major brands, positioning her as a trusted figure in the beauty industry. Kat Bautista, General Manager of NYMA, expressed great enthusiasm about their inclu-

Kat Bautista, General Manager of NYMA, expressed great enthusiasm about their inclusion: "The addition of Pat and Adelina to our NYMA family represents a significant milestone in our quest to nurture and promote top-tier Filipino talent. Their unique abilities and compelling narratives are not only a perfect fit for NYMA's vision but also demonstrate our dedication to enriching the local entertainment landscape."

As an integral part of Kroma Entertainment, NYMA stands at the forefront of nurturing trailblazers in the entertainment industry. With a commitment to innovation and excellence, NYMA is dedicated to bringing Filipino talent to the forefront of global media.



ADELINA EUGENIO Beauty Content Creator

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